

# MANTRA

## MANTRA-IG Supervision and Reflective Practice Group



Co-facilitators:

Mary Franklin-Smith and Helen Startup



Three two hour sessions, 11.00am - 1.00pm:

8 May 2025

11 September 2025

4 December 2025

Maximum of 8 spaces available per session

£195 for all sessions or £70 per session

For practitioners to have ongoing support in implementing MANTRA-IG in their services.

Sessions will provide:

- a space for learning about implementation
- the opportunity to bring clinical case material
- the effective roll out of the group
- a network opportunity of individuals interested in MANTRA-IG

For more information on how to book, please email  
[support@lightofmind.co.uk](mailto:support@lightofmind.co.uk)